In the Board Room

Rev. Hickman gave the report of the bid committee. He indicated that the last meeting for bids for a ¾ ton truck were rejected due to lack of bids.

Manager Hill indicated that the District 8 annual meeting of the NRECA was scheduled to be held. He asked all board members who are interested in attending to contact the Secretary/Manager.

Information for monthly sales and year sales were reviewed, it being noted that there were slight variations from budgeted projections based on weather. Sales increased in recent months due to warmer weather.

Mr. Hill led the board in a review of the RUS Form 7 financial and operating report including a review of the statement of operations, data on transmission and distribution plant and the cooperative balance sheet. Information for monthly sales and year sales were reviewed.

Mr. Hill also presented the marketing report for the cooperative reviewing the various services provided by the cooperative.

Safety meetings were held in both the northern and southern districts with the main topic for the month being pole top rescue. All operational personnel attended training.

Mr. Hill also presented the marketing report for the cooperative reviewing the various services provided by the cooperative.

One of those parents is Sharon Savage, whose 8-year-old son, Hastings, has participated in the program for about three years. She said Hastings has been diagnosed and has hyperactivity and Asperger’s syndrome which has helped him gain a lot of progress. His attention span has improved and he listens and follows directions a lot better than before. He has lost his fear of trying new things and his verbal skills have improved immensely. He is very talkative after riding.

Linda O’Neil, whose son has cerebral palsy, said her family has been involved in the program for a number of years and they have seen tremendous results.

“We’ve seen improvement in his physical capabilities and the riding has helped strengthen his trunk and stomach muscles so that he can independently sit up alone and engage in activities during a period of time,” she said.

“Riding the horse also helps him build his confidence and tight hamstring and calf muscles, allowing him to stand independently,” she added.

Mr. Hill also noted an extreme improvement in his balance and confidence especially while on the horse.

Along with the physical benefits, autism, we also see his self-confidence improving for him.

He was afraid to try new things that were physically challenging for him.

Cheveallier said that while nominal fees are charged for services, no one is turned away because of an inability to pay. She said the cooperative is always seeking help.

If there’s one central theme that guides Sue Cheveallier in her role as director of the New Heights Therapeutic Riding Center in Folsom, it’s the following: "We focus on the abilities, not the disabilities.

New Heights, located on 100 sprawling acres at Leah Farms off Hwy. 40, provides therapeutic horseback riding services for both children and adults with disabilities. This unusual type of therapy in the center specializes in has been medically proven to benefit those with physical, emotional and learning disabilities.

Horseback riding, Cheveallier said, strengthens muscles and improves posture and fine motor skills for people with a wide range of disabilities including Down syndrome, cerebral palsy, autism, brain injury, and cardiovascular disease.

In helping people gain strength and motor control, Cheveallier said therapeutic riding helps build self-esteem and confidence for people who have been abused or are otherwise considered at risk.

It also increases memory capacity and mental processing and is helpful for people with head injuries, spinal cord injuries, multiple sclerosis, cerebral palsy, stroke and cardiovascular disease.

"Over the last 10 years," Mrs. Savage said, "I’ve seen a really different role in the lives of our riders and their families.

Riders attend lessons on an average of once a week, while many take advantage of extended summer camp sessions.

Cheveallier said the operation and its quality of services would be difficult to sustain without the dedication of the staff and volunteers, the certified personnel and a great number of volunteers interested in donating their time to help others achieve the benefits of horseback riding.

Each session, she explained, requires up to three volunteers to walk alongside the horse and rider for safety and support.

One of those parents is Sharon Savage, whose 8-year-old son, Hastings, has participated in the program for about three years. She said Hastings has been diagnosed and has hyperactivity and Asperger’s syndrome which has helped him gain a lot of progress. His attention span has improved and he listens and follows directions a lot better than before. He has lost his fear of trying new things and his verbal skills have improved immensely. He is very talkative after riding.

Linda O’Neil, whose son has cerebral palsy, said her family has been involved in the program for a number of years and they have seen tremendous results.

“We’ve seen improvement in his physical capabilities and the riding has helped strengthen his trunk and stomach muscles so that he can independently sit up alone and engage in activities during a period of time,” she said.

“Riding the horse also helps him build his confidence and tight hamstring and calf muscles, allowing him to stand independently,” she added.

Mr. Hill also noted an extreme improvement in his balance and confidence especially while on the horse.

Along with the physical benefits, autism, we also see his self-confidence improving for him.

He was afraid to try new things that were physically challenging for him.

Cheveallier said that while nominal fees are charged for services, no one is turned away because of an inability to pay. She said the cooperative is always seeking help.

If there’s one central theme that guides Sue Cheveallier in her role as director of the New Heights Therapeutic Riding Center in Folsom, it’s the following: "We focus on the abilities, not the disabilities.

New Heights, located on 100 sprawling acres at Leah Farms off Hwy. 40, provides therapeutic horseback riding services for both children and adults with disabilities. This unusual type of therapy in the center specializes in has been medically proven to benefit those with physical, emotional and learning disabilities.

Horseback riding, Cheveallier said, strengthens muscles and improves posture and fine motor skills for people with a wide range of disabilities including Down syndrome, cerebral palsy, stroke and cardiovascular disease.

In helping people gain strength and motor control, Cheveallier said therapeutic riding helps build self-esteem and confidence for people who have been abused or are otherwise considered at risk.

It also increases memory capacity and mental processing and is helpful for people with head injuries, spinal cord injuries, multiple sclerosis, cerebral palsy, stroke and cardiovascular disease.

"Over the last 10 years," Mrs. Savage said, "I’ve seen a really different role in the lives of our riders and their families.

Riders attend lessons on an average of once a week, while many take advantage of extended summer camp sessions.

Cheveallier said the operation and its quality of services would be difficult to sustain without the dedication of the staff and volunteers, the certified personnel and a great number of volunteers interested in donating their time to help others achieve the benefits of horseback riding.

Each session, she explained, requires up to three volunteers to walk alongside the horse and rider for safety and support.

One of those parents is Sharon Savage, whose 8-year-old son, Hastings, has participated in the program for about three years. She said Hastings has been diagnosed and has hyperactivity and Asperger’s syndrome which has helped him gain a lot of progress. His attention span has improved and he listens and follows directions a lot better than before. He has lost his fear of trying new things and his verbal skills have improved immensely. He is very talkative after riding.

Linda O’Neil, whose son has cerebral palsy, said her family has been involved in the program for a number of years and they have seen tremendous results.

“We’ve seen improvement in his physical capabilities and the riding has helped strengthen his trunk and stomach muscles so that he can independently sit up alone and engage in activities during a period of time,” she said.

“Riding the horse also helps him build his confidence and tight hamstring and calf muscles, allowing him to stand independently,” she added.

Mr. Hill also noted an extreme improvement in his balance and confidence especially while on the horse.

Along with the physical benefits, autism, we also see his self-confidence improving for him.

He was afraid to try new things that were physically challenging for him.

Cheveallier said that while nominal fees are charged for services, no one is turned away because of an inability to pay. She said the cooperative is always seeking help.
New Heights focuses on abilities, not disabilities